



**You're
Invited**

**Wednesday,
August 11**

8:00 - 10:00 a.m.

Join us for a Talk of the Town Networking Event Like No Other!

*It's about organizations serving women. It's about
community resources. In short, it's all about you.*

The Future Self: An Exercise in Successful Aging

- Featuring Dr. Julie Masters, chair of the University of Nebraska at Omaha's Gerontology Department
- Networking with others serving the aging population
 - Life expectancy and future self exercises
 - Prizes

Ever wonder what it's like to be an 'older adult'? Or what challenges they face? As the elder population increases, nonprofit agencies need to know how to serve senior clients.

In preparation for this event, participants are asked to compute their own life expectancy at www.livingto100.com.

Here's How to Be Part of *Talk of the Town*:

- Space is limited, so register now.
- Register online at www.omahawomensfund.org.
- Registration at 7:45 a.m.; program starts promptly at 8:00 a.m.

**Location: CPACS Building, Room 132
UNO Campus - parking in garage**



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