

# Domestic Violence Resources

If you or someone you know is experiencing domestic violence and needs assistance, there is help available. Services and resources are available throughout the community.

## LOCAL (OMAHA METRO AREA)

### Catholic Charities—Omaha

402-558-5700

- 24/7 crisis hotline
- Shelter
- Resources and referrals for economic empowerment such as employment and housing needs
- Continued survivor support

### Catholic Charities—Council Bluffs

712-328-0266

- 24/7 crisis phone line
- Emergency shelter
- Court advocacy
- Classes, support groups and discussion groups
- Outreach to under-served populations
- Prevention programming in schools

### Women's Center for Advancement (WCA)

402-345-7273

- 24/7 hotline
- Counseling
- Legal aid
- Financial training, career services and on-going support
- Prevention and education for the community
- Temporary housing

### Heartland Family Service

800-523-3666

- 24/7 crisis hotline
- Crisis counseling
- Safe Haven concealed emergency shelter
- Community education
- Therapy
- Legal and support services
- Support groups for women and men
- Confidential crisis stabilization shelter for victims of sex trafficking providing advocacy, therapy and case management

### Immigrant Legal Center

402-898-1349

- Provides legal services for individuals who have been subjected to battery or extreme cruelty (such as severe emotional abuse) by their U.S. citizen or lawful permanent resident spouse, parent, or child.

## STATEWIDE (NEBRASKA)

### Nebraska Humane Society

402-444-7800

- Provides free, short-term, safe housing of companion animals of domestic abuse victims while those individuals work with an advocate to leave an abusive situation

### Legal Aid of Nebraska

1-888-991-9921

- Free legal assistance for protection order hearings

Find other Nebraska domestic violence/sexual assault programs at:

[Nebraska Coalition to End Sexual and Domestic Violence](#)

To Report a Domestic Violence  
Crime to Law Enforcement:

**Call 911**

Suicide and Crisis Hotline:

**Call 988**

Mental Health Support  
and Crisis Support:

**Text "HOME"  
to 741741**

## NATIONAL

### National Domestic Violence Hotline

800-799-7233

[TheHotline.org](#) (for online chat and resources)

If you are under 25, learn more about  
domestic/sexual violence online at:

[Love is Respect](#) Text LOVEIS to 2252



STATE OF DOMESTIC VIOLENCE REPORT 2015 -2022

See full report at [OmahaWomensFund.org](#)